



## Everyday, Everyone

Devices must be put away by \_\_\_\_\_ weeknights and \_\_\_\_\_ weekends **01**

All devices charge in master bedroom at night (no devices in kids rooms during sleeping hours) **02**

No devices during family meals, game time, or tech free time\* **03**

\*Tech free time is flexible and will be implemented by request. A 10-minute notice must be given

## Kids

No locked screens **04**

No secret social media/email/networking accounts **05**

No arguing if a parents asks to see my phone **06**

## Kids

All morning goals must be met before I get my phone for the day **07**

Devices/Internet may not be used to hurt people inside or outside of the family **08**

Add your own here **09**

Add your own here

## Parents

No work contact after \_\_\_\_\_ **10**

Pictures of kids posted online must be approved by kids first **11**

No devices during sleeping hours **12**

No choosing phones over kids **13**

Add your own here **14**

Add your own here

# Smith Family Technology Plan



## Social Media

No making fun of, complaining about, or being mean to people online **15**

No pictures may be posted/sent that parents would not approve of **16**

Add your own here **17**

Add your own here **18**

## Add Yours Here

Add your own here **19**

Add your own here **20**

Add your own here **21**

Add clarifications here

## Slip-Ups

Devices surrendered for 24 hours **1-3**

Devices surrendered for 48 hours **4-9**

Add your own here **10-14**

Add your own here **15-18**

Add your own here **19-21**

Add your own here **25-30**

Add penalty for parent slip-ups here

## Family Goals

Connect as a family on a networking app. **22**

Create and maintain a shared family calendar. **23**

Add your own here **24**

## Reminders

Devices are not private **25**

Data plans are limited **26**

Calls or texts from parents are answered **27**

Broken phones don't get replaced **28**

Add your own here **29**

Not arguing about your phone being taken away will allow you to reduce your penalty time by 50% **30**

## Family Signatures

I agree to the family plan:

---

---

---

---

---

Add comments here